



waccg.putneymead@nhs.net

0208 788 0686

www.putneymead.co.uk

### CQC VISIT

The Care Quality Commission has stated they will be visiting Putneymead any time between January and March of this year.

The CQC is an organisation who checks that our services meet government standards about quality and patient care.

They try to find out as much as they can about the services we provide – including information from the public about their experiences in the surgery.

A member of the CQC may approach you in the waiting room; if they do we would appreciate you giving your honest and open opinion about Putneymead.

### GPS BEHIND CLOSED DOORS

GP's conduct over 400 million consultations a year, handling 90% of the NHS workload, albeit with only 8% of the budget.

The series aims to show the viewer what a GP deals with on a daily basis. It looks at the stresses, strains and joys of working in, and being a patient of, Putneymead Group Medical Practice.

Channel 5 has now finished filming and the first of eight episodes is due to be aired in early February.



### TEAM MARGOT

Putneymead is proud to be supporting Team Margot and Delete Blood Cancer UK.

In October 2013, aged 14 months old, Margot Martini, a little girl from a local family was diagnosed with an extremely rare form of dual lineage leukaemia. In 2014, Margot was one of 1,800 people in the UK in desperate need of a lifesaving bone marrow /stem cell transplant.

Team Margot is Margot's family & friends of the family who together raised awareness of Margot's plight and that of others like her desperately seeking a blood stem cell donor match.

The initial goal: to help increase the number of people on the UK stem cell registries to 2.5 million (currently there are less than 1 million people registered).

You can save a life. Or at least gift someone more time with their family and loved ones.

Visit [teammargot.com](http://teammargot.com) for more information, and please take a free wristband to support the campaign (available at all reception desks). Thank you.

### YOUR HEALTH – take advantage of our services

**Flu vaccines** – Children, Over 65's, pregnant, Diabetic, Asthma or any other chronic illness - we highly recommend you book in for a free flu vaccine this winter. Please check your eligibility with Reception.

**Shingles vaccines** - The shingles vaccine is given as a single injection for people aged 70, 78 or 79. Unlike the flu jab, you'll only need to have the vaccination once and you can have it at any time of the year

**Stopping Smoking**- Have you made a New Year's resolution? Let us help you stick to it. We provide free smoking cessation advice. Please ask Reception for details.

**PACT appointments** – Do you have a **long term condition**? Haven't seen your GP for an assessment? – Ask reception for details.

**DRY JANUARY – LOSE WEIGHT AND SAVE MONEY** – you don't just have to start in January, the aim is to try a month without alcohol and reap the benefits.





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### STAFF NEWS



#### INTRODUCING OUR NEW *PHYSICIAN ASSOCIATE* – CHLOE BRATHWAITE

Chloe graduated last year from St George's University of London. A Physicians' Associate is a healthcare professional who has clinical training. Her job is to support doctors in the diagnosis and management of patients. She is trained to perform clinical examinations, diagnose illnesses, analyse test results and help develop care management plans.

Although the role of a Physicians' Associate has been around in America since the mid 1960's, it is only in recent years that the role has made its way over to the UK and is becoming more and more popular.

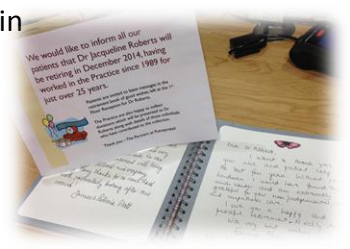


Left to right. Staff Christmas party, Ann and Laura at the wrap party and Dr Mckenzie feeling festive.

#### DR ROBERTS; HAPPILY RETIRED!

Dr Roberts has now officially retired after having worked in the practice since 1989.

Some comments written within the pages of her retirement book were as follows:



*"Thank you for all your care and honesty in looking after me and my family"*

*"Your sense of humour and patience always made me leave your office with a smile"*

We wish Dr Roberts a peaceful and happy retirement!

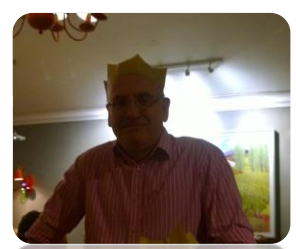
AFTER HAVING A RESTFUL MATERNITY LEAVE

**DR JO McEWEN**

IS RETURNING TO PUTNEYMEAD IN FEBRUARY.

CONGRATULATIONS TO NURSES JODIE AND KIT WHO HAVE BOTH ACHIEVED DIPLOMAS IN 'THE CARE OF DIABETES'

NURSE HANNAH HAS ALSO PASSED HER PRESCRIBERS COURSE



NOW OFFERING  
PRESCRIPTION  
DELIVERY SERVICE



FERTILITY TREATMENT  
TAILORED TO YOUR  
INDIVIDUAL NEEDS



APPOINTMENTS WITH  
LITTLE OR NO  
WAITING TIME



SPORTS & THERAPEUTIC  
MASSAGE